

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# November 2019



## Assisted Living Calendar

						<b>1</b> 9:30 EXERCISE ON 7FLR 10:00 JOYFUL SOUNDS OF MCWERTHER PERFORMANCE-PWC 1:00 EASY DOES IT TRIVIA-7TH FLR 3:00 HAPPY HOUR-PWC DRIVING SIDEWAYS	<b>2</b> 10:00 EXERCISE VIDEO-BS 10:30 YOGA VIDEO-BS 11:00 BINGO- BS 1:00 BLACK JACK-BS 2:00 SATURDAY MATINEE-THEA
<b>3</b> 10:00 IMMACULATE CONCEPTION HOLY MASS (Pick-up in the lobby at 9:00) 10:00 ISLAND COMMUNITY CHURCH (PICK UP IN THE LOBBY AT 9:30) 10:00 CHURCH SERVICE- BS 2:00 SUNDAY MATINEE MOVIE – THEA <small>Daylight Saving Time Ends</small>	<b>4</b> 9:30 EXERCISE ON 7FLR 10:00 FOOD COMM.MEETING-DR 10-11 FANCY NAILS ON 7FLR 1:30-3 FANCY NAILS ON 8FLR 2:00 NOV BDAY PARTY- BS 3:00 BIBLE STUDY WITH ISLAND COMM CHURCH-BS	<b>5</b> <b>DOCTOR APPOINTMENTS</b> 9:30 EXERCISE ON 7FLR 10:00 WISHBONE TOSS-8TH FLR 1:30 ROSARY & COMMUNION- CPL 2:00 CRAFT CLASS ON 8TH FLR	<b>6</b> 9:30 EXERCISE ON 7FLR 10:00 BLACKJACK- 8TH FLOOR 1:00 WALMART SHOPPING GERMANTOWN PKWY-OC 2:00 MOVIE MATINEE WITH POPCORN – 7TH FLOOR	<b>7</b> <b>DOCTOR APPOINTMENTS</b> 9:30 EXERCISE ON 7FLR 11:30-1:00 FOOD SHOW LUNCH W HEART MEMPHIS DUO- DR 2:00 BINGO- 7TH FLR	<b>8</b> 9:30 EXERCISE ON 7FLR 10:30 LOWRANCE MIDDLE SCHOOL ORCHESTRA-PWC 1:00 CROSSWORD PUZZLE- 8TH FLR 3:00 HAPPY HOUR-PWC TIM STANEK	<b>9</b> 10:00 EXERCISE VIDEO-BS 10:30 YOGA VIDEO-BS 11:00 BINGO- BS 1:00 BLACK JACK-BS 2:00 SATURDAY MATINEE-THEA	
<b>10</b> 10:00 IMMACULATE CONCEPTION HOLY MASS (Pick-up in the lobby at 9:00) 10:00 ISLAND COMMUNITY CHURCH (PICK UP IN THE LOBBY AT 9:30) 10:00 CHURCH SERVICE- BS 2:00 SUNDAY MATINEE MOVIE – THEA	<b>11</b> 10:00 ACTIVITY COMM MEETING- ROOM 101 10-11 FANCY NAILS ON 7FLR 1:30-3 FANCY NAILS ON 8FLR 1:00 VETERANS DAY PROGRAM- BS 3:00 BIBLE STUDY WITH ISLAND COMM CHURCH-BS <small>Veterans Day (US) Remembrance Day (Canada)</small>	<b>12</b> <b>DOCTOR APPOINTMENTS</b> 9:30 EXERCISE ON 7FLR 10:00 LILLIAN LANGFORD GOSPEL MUSIC SINGER-7TH 1:30 ROSARY & COMMUNION- CPL 2:00 CRAFT CLASS ON 7TH FLR	<b>13</b> 9:30 EXERCISE ON 7FLR 10:00 BLACKJACK- 8TH FLOOR 1:00 KROGER/DOLLAR TREE POPLAR- HIGHLAND PLAZA- OC 2:00 MOVIE MATINEE WITH POPCORN – 7TH FLOOR	<b>14</b> <b>DOCTOR APPOINTMENTS</b> 9:30 EXERCISE ON 7FLR 10:30 FRAYSER RALEIGH SINGERS-BS 2:00 BINGO- 8TH FLR	<b>15</b> 8:30 MEN ONLY- BREAKFAST OUTING TO CRACKER BARRELL- OC 9:30 EXERCISE ON 7FLR 10:00 BINGO-7FLR 1:00 CROSSWORD PUZZLE- 8TH FLR 3:30 HAPPY HOUR-PWC STEVE JOHNSTON	<b>16</b> 10:00 EXERCISE VIDEO-BS 10:30 YOGA VIDEO-BS 11:00 BINGO- BS 1:00 BLACK JACK-BS 2:00 SATURDAY MATINEE-THEA 3:00 INSPIRATIONAL MUSIC HOUR- BS	
<b>17</b> 10:00 IMMACULATE CONCEPTION HOLY MASS (Pick-up in the lobby at 9:00) 10:00 ISLAND COMMUNITY CHURCH (PICK UP IN THE LOBBY AT 9:30) 10:00 CHURCH SERVICE- BS 2:00 SUNDAY MATINEE MOVIE – THEA	<b>18</b> 10-11 FANCY NAILS ON 7FLR 1:30-3 FANCY NAILS ON 8FLR 1:00 TARGET/SUPERLO SHOPPING- OC 3:00 BIBLE STUDY WITH ISLAND COMM CHURCH-BS	<b>19</b> <b>DOCTOR APPOINTMENTS</b> 9:30 EXERCISE ON 7FLR 10:00 FAMILY FEUD-8TH FLR 1:30 ROSARY & COMMUNION- CPL 2:00 CRAFT CLASS ON 8TH FLR	<b>20</b> 9:30 EXERCISE ON 7FLR 10:00 BLACKJACK- 8TH FLOOR 12:30 SOUTHERN REINS-EQUINE THERAPY- \$10 PER PERSON- OC (DEPART @12:30 TO BE THERE @ 1 2:00 MOVIE MATINEE WITH POPCORN – 7TH FLOOR	<b>21</b> <b>DOCTOR APPOINTMENTS</b> 9:30 EXERCISE ON 7FLR 10:00 BINGO- 8TH FLR 2:30 SING A LONG WITH MIRIAM REA- BS	<b>22</b> 9:30 EXERCISE ON 7FLR 10:00 MIDTOWN FRAMER & ART- GEORGE HUNT GALLERY- OC 10:00 BINGO- 7TH FLR 1:00 CROSSWORD PUZZLE- 8TH FLR 3:00 HAPPY HOUR-PWC DOUBLE D BAND	<b>23</b> 10:00 EXERCISE VIDEO-BS 10:30 YOGA VIDEO-BS 11:00 BINGO- BS 1:00 BLACK JACK-BS 2:00 SATURDAY MATINEE-THEA	
<b>24</b> 10:00 IMMACULATE CONCEPTION HOLY MASS (Pick-up in the lobby at 9:00) 10:00 ISLAND COMMUNITY CHURCH (PICK UP IN THE LOBBY AT 9:30) 10:00 CHURCH SERVICE- BS 2:00 SUNDAY MATINEE MOVIE – THEA	<b>25</b> 8:30 WOMEN ONLY- BREAKFAST OUTING TO CRACKER BARRELL- OC 10-11 FANCY NAILS ON 7FLR 1:30-3 FANCY NAILS ON 8FLR 3:00 BIBLE STUDY WITH ISLAND COMM CHURCH-BS	<b>26</b> <b>DOCTOR APPOINTMENTS</b> 9:30 EXERCISE ON 7FLR 10:30 RESIDENT MEETING- DR 1:30 ROSARY & COMMUNION- CPL 2:00 CRAFT CLASS ON 7TH FLR	<b>27</b> 9:30 EXERCISE ON 7FLR 10:00 BLACKJACK- 8TH FLOOR 1:00 KROGER/ TJMAX ON SUMMER- OC 2:00 MOVIE MATINEE WITH POPCORN – 7TH FLOOR	<b>Happy Thanksgiving</b>  <small>Thanksgiving Day (US)</small>	<b>29</b> 9:30 EXERCISE ON 7FLR 10:00 BINGO- 7TH FLR 1:00 CROSSWORD PUZZLE- 8TH FLR 3:00 HAPPY HOUR-PWC BOBBY LAWSON	<b>30</b> 10:00 EXERCISE VIDEO-BS 10:30 YOGA VIDEO-BS 11:00 BINGO- BS 1:00 BLACK JACK-BS 2:00 SATURDAY MATINEE-THEA	